

## HEALTH LITERACY

### IT IS THE POSITION OF AMSN THAT:

- Health literacy involves a person's ability to read, hear, analyze, and make decisions about health care.
- Low health literacy is a barrier to effective health maintenance and leads to health disparities.
- The patient has a right to understand information about available choices and the consequences of action or inaction.
- The medical-surgical nurse should assess the patient's health literacy and implement appropriate health education strategies. Members of the patient's support system should be included in the assessment and education strategies.
- The medical-surgical nurse should maintain an open learning environment promoting health literacy comprehension and evaluating all learners on a consistent basis.
- Printed patient education materials should be written at the fifth-grade level and provided in the patient's primary language when possible. Alternate media such as compact discs, digital video, online media, and other information technology sources may be utilized accordingly for the patient and members of the support system who have reading difficulty.

### OVERVIEW:

According to the 2003 National Adult Literacy Survey (2008), 43% of adults have basic or below basic reading proficiency. The survey also found the United States is the only country among 30 free-market countries where the current generation is less educated than the previous generation.

The Program for the International Assessment of Adult Competencies (PIAAC) it is now the most current indicator of the nation's progress in adult skills in literacy, numeracy, and problem solving in technology-rich environments. Results from the combined United States PIAAC 2012/2014 data, released in 2016, are available at: <https://nces.ed.gov/surveys/piaac/>.

### RATIONALE:

AMSN recognizes many patients lack the ability to understand the most basic written health care instructions, and may not have means to access health information. Health literacy is crucial to patient safety and health maintenance.

## DEFINITIONS:

Literacy is the ability to read, write, and speak English or language of origin and solve problems at levels necessary to function in jobs and society.

Health literacy is the capacity of an individual to obtain, interpret, and understand basic health information and services, and the competence to use such information and services in ways which are health enhancing.

Low health literacy refers to the condition in which an individual is unable to comprehend health related information or instructions and may fail to make appropriate decisions regarding their care. Low literacy contributes to ineffective health care maintenance.

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